

Regis Graduate, FNP-C

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Professional Experience

Wyoming Department of Corrections, *Registered Nurse*

February 2016 - Present

Autonomously perform physical and mental health exams for 1500+ male inmates in the in a primary and urgent care setting. Assess and triage acute emergencies including foreign body ingestion, acute cardiac and pulmonary events and substance abuse. Perform burn and wound care, suture removal, vaccine administration, Lovonox and insulin injections Independently manage a 16-bed infirmary unit for patients with chronic conditions. As charge nurse, supervise the walk-in medical clinic and the administration of medications to 300+ inmates while supporting the tasks of 2 RNs, 5LPNs and 2 CNAs.

Wyoming Medical Center Level 1 Trauma Center, *Nurse Practitioner Clinical Intern*

June 2016 - August 2016

Assessed and diagnosed adult patients, ordering and interpreting pertinent laboratory tests and imaging studies to assist with the planning and treatment of patients. Independently performed digital nerve blocks, laceration repairs, I&D procedures and women's internal health exams. Experience with wound care and minor wound debridement, splinting and nail trephination. Created discharge and follow-up care plans. Experience with EPIC EMR system.

Teton Valley Ranch Camp of Western Wyoming, *Registered Nurse*

June 2016 - August 2016

Worked independently at a summer camp for 300 campers ages 3 to 18. Oversaw the medical needs of multiple children with life-threatening allergies and strictly controlled diabetic conditions. Lead staff training on medical procedures pertinent to campers' medical needs including CPR, Epi-Pen training, and basic first aid.

Evanston Regional Hospital, *Trauma Technician*

March 2013 - March 2015

Worked in a Level 3 Trauma Center providing BLS care, assisting with strokes, STEMIs and trauma cases, and assisting with sterile procedures and women's health exams. Proficient in initiating IV access, drawing labs and performing EKGs. Experience creating orthopedic splints and assisting with conscious sedation procedures. Assisted with ventilated patients, lumbar punctures and provided medical care to pediatric patients in the Pediatric Clinic.

Wyoming EMS, *Emergency Medical Technician*

February 2013 - August 2014

Responded to emergency 9-1-1 calls evaluating and treating patients with acute emergencies including cardiac, neurological and respiratory conditions.

Education

Regis College, Combined Bachelor and Master of Science (May 2017)

Concentration: Registered Nurse, Family Nurse Practitioner

University of Wyoming, Bachelor of Science (May 2012)

Concentration: Health Sciences, Biology

Volunteer and Research Experience

American Red Cross, Health and Safety Instructor. Teach CPR, First Aid and water safety to children and adults.

Project Coordinator, Project Hope. Coordinate efforts for floating hospital to assist those in need of medical assistance, health-related education and humanitarian efforts.

Certifications and Memberships

Basic Life Support (BLS)

Advanced Cardiac Life Support (ACLS):

Emergency Medical Technician (EMT)

American Association of Nurse Practitioners (AANP)

Wyoming Council for Advanced Practice Nursing (WCAPN)