# Women’s Health (WHNP) Role-Specific Competency Self-Assessment

Student Name:

## WHNP Core Competency: Scientific Foundation

Table 1: WHNP Core Competency: Scientific Foundation

| **Role-Specific Competency** | **Examples of Partial or Complete Attainment of the Competency** | **Areas Needing Further Development** |
| --- | --- | --- |
| Integrates research, theory, and evidence-based practice knowledge to develop clinical approaches that address women's responses to physical and mental health and illness across the lifespan. |  |  |
| Integrates best evidence into practice, incorporating client values and clinical judgment. |  |  |

## WHNP Core Competency: Leadership

Table 2: WHNP Core Competency: Leadership

| **Role-Specific Competency CORE, *not* role specific** | **Examples of Partial or Complete Attainment of the Competency** | **Areas Needing Further Development** |
| --- | --- | --- |
| Assumes complex and advanced leadership roles to initiate and guide change. |  |  |
| Provides leadership to foster collaboration with multiple stakeholders (such as patients, community, integrated healthcare teams, and policy makers) to improve health care. |  |  |
| Demonstrates leadership that uses critical and reflective thinking. |  |  |
| Advocates for improved access, quality, and cost-effective health care. |  |  |
| Advances practice through the development and implementation of innovations, incorporating principles of change. |  |  |
| Communicates practice knowledge effectively both orally and in writing. |  |  |
| Participates in professional organizations and activities that influence advanced practice nursing and/or health outcomes of a population focus. |  |  |

## WHNP Core Competency: Quality

Table 3: WHNP Core Competency: Quality

| **Role-Specific Competency CORE, *not* role specific** | **Examples of Partial or Complete Attainment of the Competency** | **Areas Needing Further Development** |
| --- | --- | --- |
| Uses best available evidence to continuously improve quality of clinical practice. |  |  |
| Evaluates the relationships among access, cost, quality, and safety and their influence on health care. |  |  |
| Evaluates how organizational structure, care processes, financing, marketing, and policy decisions impact the quality of health care. |  |  |

## WHNP Core Competency: Practice Inquiry

Table 4: WHNP Core Competency: Practice Inquiry

| **Role-Specific Competency** | **Examples of Partial or Complete Attainment of the Competency** | **Areas Needing Further Development** |
| --- | --- | --- |
| Integrates gender-specific evidence into practice. |  |  |
| Evaluates gender-specific interventions and outcomes. |  |  |

## WHNP Core Competency: Technology & Information Literacy

Table 5: WHNP Core Competency: Technology & Information Literacy

| **Role-Specific Competency** | **Examples of Partial or Complete Attainment of the Competency** | **Areas Needing Further Development** |
| --- | --- | --- |
| Uses health information and technology tools in providing care for women across the lifespan to communicate, manage knowledge, improve access, mitigate error, and support clinical decision-making locally and globally. |  |  |

## WHNP Core Competency: Policy

Table 6: WHNP Core Competency: Policy

| **Role-Specific Competency** | **Examples of Partial or Complete Attainment of the Competency** | **Areas Needing Further Development** |
| --- | --- | --- |
| Advocates for healthcare policies and research that support accessible, equitable, affordable, safe, and effective health care for women both locally and globally. |  |  |

## WHNP Core Competency: Health Delivery System

Table 7: WHNP Core Competency: Health Delivery System

| **Role-Specific Competency** | **Examples of Partial or Complete Attainment of the Competency** | **Areas Needing Further Development** |
| --- | --- | --- |
| Demonstrates knowledge of legal/ethical issues and regulatory agencies relevant to gender-specific issues. |  |  |

## WHNP Core Competency: Ethics

Table 8: WHNP Core Competency: Ethics

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| --- | --- | --- |
| **Role-Specific Competency** | **Examples of Partial or Complete Attainment of the Competency** | **Areas Needing Further Development** |
| Recognizes the unique ethical dilemmas in women’s health care. |  |  |
| Recognizes the global ethical challenges in women’s health care. |  |  |
| Develops ethically sound solutions to complex global issues related to women. |  |  |

## WHNP Core Competency: Independent Practice

Table 9: WHNP Core Competency: Independent Practice

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| --- | --- | --- |
| **Role-Specific Competency** | **Examples of Partial or Complete Attainment of the Competency** | **Areas Needing Further Development** |
| Provides culturally appropriate reproductive and primary care for women of all ages. |  |  |
| Approaches gender-specific developmental events, such as menarche, pregnancy, menopause, and senescence, as normative transitions, not disease states. |  |  |
| Recognizes unique healthcare needs of marginalized women, including victims of violence and transgender female clients. |  |  |
| Recognizes disease manifestations unique to women. |  |  |
| Manages disease manifestations unique to women. |  |  |
| Provides infertility and sexually transmitted disease services to sexual partners of female patients. |  |  |
| Supports a woman’s right to make her own decisions regarding her health and reproductive choices in the context of her belief system. |  |  |
| Assesses genetic, social, environmental, physical, and mental health risks through collection of family, social, environmental, and health data. |  |  |
| Provides counseling, management, and/or referral based on identified healthcare risk factors. |  |  |