Regis College

NU643 Advanced Psychopharmacology

Anxiety Case Study Assignment

After viewing the patient interactive information, address the following:

1. Differentials: List the three most likely differential diagnoses based on her objective findings with cited rationale.
2. What is the etiology/pathophysiology associated with each diagnosis?
3. What is the prevalence of each of these diagnoses?
4. Develop a plan of care for each of the three differential diagnoses including the following:
   * Diagnostic testing
   * Pharmacologic interventions, including dosage, route, and frequency
   * Nonpharmacologic interventions, including modality, and frequency
   * Education, including health promotion, maintenance, and psychosocial needs
   * Safety Plan
   * Referrals required
   * Follow-up, including return to clinic (RTC) in what time frame and reason, including any labs that are needed for next visit

Include current supportive evidence in your responses to the questions above using two required resources from this week’s materials and one new resource. National guidelines should also be considered with treatment plans.