# Quality of Life Survey Outline

## I Analysis of QOL Survey

* Describe applicant age, gender, state of general health, comfort level with interview.
* Analyze the QOL survey. What do you think looks good or is an area you want to explore more?
* Identify 3 areas of concern that **you** see involve risk

## II Application of Theory or Model

* Discuss what components of a successful aging theory and explain how this applies to the individual. Give examples.
* Compare how this person’s life aligns or does not align with someone in the Blue Zone areas. Give examples.

## III Collaboration with Participant

* Collaborate with your participant on 3 short term **measurable** goals the **participant** feels will improve their QOL.
* Collaborate with your participant on 3 long term **measurable** goals the **participant** feels will improve their QOL.

## IV Role as an NP

* Go back to the beginning and see what your initial concerns were for this participant and then look at the goals your participant set. Note if these were different.
* Explain the role of patient centered care and your role as an NP in helping people achieve the best quality of life they can.

## V APA and Other Notes

* Please refer to APA 7th edition for formatting and all citations.
* Paper should be no longer than 5 to 7 pages, including the title and reference pages.
* Be sure to submit your paper.
* Similarity score should be no more than 15%.
* Refer to information on APA and plagiarism.
* Be sure to review the rubric.